



Peterhead Athletics Club Members Newsletter #13 December 2024



[**www.peterheadathleticsclub.co.uk**](http://www.peterheadathleticsclub.co.uk)

WELCOME TO ALL NEW AND EXISTING MEMBERS OF PAC

Welcome to our 3rd and final newsletter of 2024! It has been another hugely successful year for the club and many of you have played a large part in that. Well done to you all.

Much has happened since the last update in August with the outdoor Track & Field season and the Lido 3k/Junior Mile series concluding in September and the cross-country season getting underway again in October and our 10K road race in November.

LIDO 3K / JUNIOR MILE SERIES

The 5th event was held on the 31st August. The U12's race winner was Ollie Mitchell in a time of 6:39, closely followed by Aaron Cruickshank in 2nd (6:42) and Sammy Smith 3rd (6:57). In the U16's race, James Horne took the win in a time of 5:28 ahead of Leighton McLean 2nd (5:37 - a new U15 boys record) and Struan McKay 3rd (5:41).

The 3K race was won by Mark Beagrie in a time of 10:15 with Sean Gibson 2nd (10:48) and David Horne 3rd (11:03). The 1st female finisher was Rebecca Clueit (12:55) followed by Linda McGee 2nd (13:17) and Anneke Neumann 3rd (13:30) with a new U17 women's club record.

The 6th and final event was held on the 28th September. The U12's winner was Coco Czekalowska in a time of 5:59, with Jess Davidson 2nd (6:13) and Ollie Mitchell 3rd (6:57). Gracie Mae West broke the U9 girls club record with her time of 8:43. In the U16's race, James Horne again took the win in a time of 5:31 ahead of Leighton McLean 2nd (5:41) and Lewis Geddes 3rd (6:07).

The 3K race was won by Chris Forman in a time of 10:38 with Neil Murray 2nd (11:22) and Bryan Mackay 3rd (11:24). The 1st female finisher was Jennifer Robertson (12:35) followed by Rebecca Clueit 2nd (12:43) and Anneke Neumann 3rd (12:51) with another new U17 women's club record.

The series winners for 2024 were awarded their trophies at the prizegiving at the final event;

Junior Mile U12 girl – Jess Davidson (Young Meldrum Runners)

Junior Mile U12 boy – Ollie Mitchell (Unattached)

Junior Mile U16 girl – Hollie Steele (AAAC)

Junior Mile U16 boy – James Horne (AAAC)

3K – U20 woman – Anneke Neumann (PAC)

3K – U20 men – Finley Collins (PAC)

3K – Senior woman – Rebecca Clueit (PAC)

3K – Senior men – Mark Beagrie (PAC)

3K – FV40 – Alice Bruce (Unattached)

3K – MV40 – Neil Murray (Garioch Road Runners)

3K – FV50 – Linda McGee (PAC)

3K – MV50 – David Horne (PAC)

3K – FV60 – Susan Thores (Kirkcaldy Wizards)

3K – MV60 – Brian Urquhart (Fraserburgh Running Club)

3K – FV70 – Gaynor Devine (Fraserburgh Running Club)

3K – MV70 – Charlie Noble (Fraserburgh Running Club)

3K – FV80 – Marijtje Adams (Unattached)

3K – MV80 – George Adams (Unattached)

Best Junior Mile age graded performance (PAC only) – Aaron Cruickshank (70.8%)

Best Senior 3K age graded performance (PAC only) – David Horne (84.0%)

Overall numbers taking part in the series continues to grow and we look forward to seeing you all again in April for the start of the next series.

TRACK & FIELD / ROAD RUNNING / CROSS COUNTRY HIGHLIGHTS

OUTDOOR TRACK & FIELD

On the 24th August, Mark Beagrie was competing at the Monument Mile Classic held at Stirling University track. There were 32 heats in total for competitors aiming for various mile time targets. Mark ran in the heat aiming for sub-5mins and he achieved that goal, finishing with a time of 4:56.54 and also earning himself a new PB and M35 club record.

On the 25th August the RAM Athletics League Final took place at Inverness. The senior women were our only team of qualifiers at the finals this year with Isla Davidson, Sarah Shields, Nicola McDonald and Babs-Anne Needs all competing. Isla ran a PB in the 100m (15.68) and achieved both a PB and U20 club record in the 1500m (6:17.97) and Long Jump (3.02). Sarah threw the Shot Put (9.17), equalled her PB in the 100m (16.60) and achieved both a PB and W35 club record in the Long Jump (3.41). Nicola threw 7.28m in the Shot Put and Babs ran the 400m (1:24.39) and 1500m (6:39.17). All the women ran the 4 x 200m relay to set a new women's club record and overall, they gained enough points to finish in 3rd place. Well done ladies!

On the 8th September the AAAC Championships/OGM event was held at ASV with Ben Steele (U11), Ava Alexander (U13), Sophie Needs (U13) and Lewis Geddes (U15) all competing. Ben had new PB's in the 800m (3:33.12), Long Jump (2.47) and Shot Put (3.44). Lewis also had new PB's in the 800m (2:35.21), Long Jump (4.09) and Shot Put (5.34). Ava had new PB in the 800m (3:10.12) as did Sophie in her 800m run (3:13.81).

On the 12th September we held the THROWS event which was the fourth and final event of our new track & field series at Catto Park this year and everyone had the chance to take part in the Javelin and Shot Put events. There were good results from all that took part especially Blake Bremner who broke the long standing U11 boys javelin record with his throw of 13.83m.

A massive well done to all our junior and senior athletes who competed and represented PAC at track & field this year. The indoor track & field season has begun with the 1st indoor OGM held at ASV on the 15th December. There will be another three OGM's held in Aberdeen over the next three months so if you much prefer track & field to XC and staying out of the cold then get yourself along to these events. The indoor seasons events will be covered in the next newsletter.

ROAD RUNNING / TRAIL / ULTRA

On the 17th August we had James Turnbull, Kelly Cruden and Steve McMorrow all taking part in the Nairn Half Marathon. James finished in a time of 1:28:38, Kelly (1:35:49) & Steve (1:40:11).

On the 18th August, Andy Thom was in Forfar for the Forfar 10K. Andy completed his run in a time of 57:03.

On the 31st August, Bryan Mackay, Lee Morrison, Shaun Adam, Richie Masson & Andy Thom all took part in the Kinloss Running Festival 10K. Bryan finished in a time of 41:48 (2nd MV50), Lee (42:07 – 3rd MV50), Shaun (44:56 – 2nd Senior Men), Richie (46:23 – 3rd MV40) & Andy (57:03). Well done guys!

Also on the 31st August, Mel's Mile was held on Union Street in Aberdeen. Babs-Anne ran the mile in a time of 6:51.

Concluding a busy day of races on the 31st August was Stuart Giles taking on the challenge of the Mormond Hill Run. Stuart completed the tough 9K route in a time of 49:24.

On the 7th September the Old Mart Gym in Maud held their 5K & 10K races.
5K – Sean Gibson 2nd (20:07) & Stuart Giles 4th (25:38)

10K – Richie Masson 4th (47:36), Mark Urquhart 6th (48:56), Sarah Duff 8th (50:03 - 2nd female), Heather Linklater 9th (50:30 - 3rd female), Maria Willox 10th (55:23 4th female) & Teresa Hood 16th (66:31)

On the 8th September, Caroline Buchan and Tracey Weston both ran the Great North Run. Caroline finished the Half Marathon run in 2:45:45 and Tracey in 2:52:25.

Also, on the 8th September we had Callum Urquhart, John Robertson and Richard Dodunski running in the Podfather Stirling 10K. Callum finished in a time of 36:04, John (42:32) and Richard (50:23).

On the 22nd September, Linda McGee ran the Kelpies Half Marathon at the Helix Park in Falkirk. Linda completed her run in 1:47:11.

On the 29th September the Crimond Run Fest 6K & 12K races took place;

6K – Mark Beagrie 1st (23:31), Graham Steele 3rd (25:52), Jennifer Robertson 5th (26:29), Greg Bruce 8th (29:17), Maria Willox 11th (31:33), Caitlain Willox 17th (38:17), Caroline Buchan 24th (44:34)

12K – Mark Beagrie 1st (50:16), Graham Steele 4th (53:06), Teresa Hood 23rd (78:37), Alison McGee 26th (85:04) & Tracey Weston 28th (85:04) – tail runners.

Well done to both Mark and Graham for taking on the double and winning themselves some trophies.

Also, on the 29th September we had 7 runners making the journey to Inverness for the Baxters Loch Ness Marathon Festival.

Marathon – James Turnbull 3:04:27, Kelly Cruden 3:46:04, Arlene McRae 4:10:08 & Scott McRae 4:12:19.

River Ness 10K – Steve McMorrow 39:43, Babs-Anne Needs 51:13 & Andy Thom 56:33.

On the 4th October the first race of the Metro Proms 3K winter series was held along the Aberdeen beach promenade. Steve McMorrow, Greg Bruce, Linda McGee, Andy Thom and Alison McGee were all taking part for PAC. Steve finished 19th in a time of 11:12, Greg 52nd (12:46), Linda 55th (12:52), Andy 91st (15:46) and Alison 95th (16:23).

On the 6th October, Teresa Hood, Tracey Weston, Alison McGee and Corrie Dean all took part in the Great Scottish Half Marathon run in Glasgow. Teresa finished in a time of 2:23:43, Tracey (2:31:19), Alison (2:33:13) and Corrie (3:10:03).

On the 13th October the Middleton Trust races were held at Gordon Park in Ellon.

3K – Sophie Needs 24th (14:56)

5K – Leighton McLean 4th (18:08 – 2nd U20) & Babs-Anne Needs 17th (23:43 – 1st FV40)

10K – Michael Rose 59th (52:46)

On the 20th October, Tracey Weston held a Wear It Pink 5K trail run at Aden Park in aid of Breast Cancer UK. On what turned out to be a very wet and windy day we still had a few of our members turn up to support her and this charity cause.

On the 1st November, the 2nd Metro Proms 3K race was held at the Aberdeen beach promenade with Steve McMorrow, Jennifer Robertson, Greg Bruce, Linda McGee and Caitlain Willox were all taking part for PAC. Steve finished 16th in a time of 11:12, Jennifer 41st (12:33), Greg 42nd (12:34), Linda 58th (13:20) and Caitlain 91st (16:09).

On the 2nd November, Tracey Weston ran the Supernova Forth Road Bridge 5K in a time of 35:27.

On the 17th November, we had John Robertson, Richie Masson, Mark Urquhart, Stuart Gladstone and Tracey Weston all running in the Fraserburgh Half Marathon. John 43rd (1:37:13 – 4th MV60), Richie 67th (1:43:51), Mark 83rd (1:45:38) and Tracey 231st (2:28:49).

On the 6th December, the 3rd Metro Proms 3K race was held at the Aberdeen beach promenade with only two members of PAC taking part - Greg Bruce and Linda McGee. Greg finished 63rd in a time of 12:34 and Linda 68th (12:55).

On the 14th December some of our juniors and seniors came along dressed in their Christmas outfits to take part in the Santa mile fun run at the Lido. We hope you all liked your medal and sweets.

On the 18th December, Nicola Buchan took on a 100-mile challenge to help raise funds for Calvin Cheyne a young man suffering from Chiari Malformation. All funds raised went to his JustGiving page to help give him the best chance of walking and living a normal life again. Some of our members joined Nicola on her 10-mile loops of the town throughout the day and night to provide her support and encouragement in the bitterly cold and windy conditions. Nicola completed the gruelling challenge in just over 31 hours. Well done Nicola, what a superstar!

CROSS-COUNTRY (XC)

The cross-country season kicked off as usual on the 5th October with the North District XC Relay Championships held at Nairn. We had a junior girl's team of Ava Alexander, Sophie Needs and Emma Steel and a junior boy's team of Euan Steel, Lewis Geddes and Leighton McLean. Each junior ran a loop of approximately 2.5K with the girl's team finishing 9th and the boys also 9th. Great team effort everyone!

The regular North District XC season began on the 12th October with the 1st league race held at Forres. Approximate distances for XC races are U11 Girls/Boys – 1600m (Mile), U13 Girls/Boys – 3.5K, U15 Girls/Boys & U17 Women – 5K, U17 Men – 6.5K and Senior Women/Men – 8.5K.

In the U11 boys race Ben Steele finished 18th (8:15) and Nathaniel Smart 19th (9:13) and in the U13 girls race Sophie Needs finished 20th (16:09). In the U15 girls race Charlotte Smart finished 7th (26:24) and Emma Steel 8th (26:31). In the U15 boys race a good run by Leighton McLean saw him finish in 3rd place (19:13) to pick up a bronze medal whilst Lewis Geddes finished in 9th (21:44). In the Senior/Masters Women's race Linda McGee was 25th (41:37 - 5th FV50) with Babs-Anne Needs 29th (42:52 - 7th FV40). In the Senior/Masters Men's race Steve McMorrow was 37th (32:18 - 11th MV40), Graham Steele 55th (34:49 - 17th MV40), Greg Bruce 85th (41:13 - 36th SM), Andy Steel 87th (44:48 - 5th MV60) and Andy Thom 91st (53:16 - 21st MV50).

The Scottish National Short Course XC Championships were held on the 2nd November at Kirkcaldy over a 4K route. Babs-Anne Needs finished the Senior Women/Masters race in 245th overall and 40th in her FV40 category in a time of 19:57.

On the 9th November, Sophie Needs competed at the 1st race of the UK Athletics Cross Challenge at Llandaff Fields, Cardiff. In the U13 girls 2.8K race Sophie finished 111th in 13:23.

The 2nd North District XC race was the Ross County AC event held at Evanton on the 16th November and not many fancied the trip up north. In the U13 girls race Sophie Needs finished 22nd (17:35) and in the U15 girls race Charlotte Smart finished 8th (27:08). Unfortunately, Leighton McLean was a DNF in the U15 boy's race. In the Senior/Masters Women's race Linda McGee was 24th (45:01 - 6th FV50) with Babs-Anne Needs 30th (47:00 - 12th FV40).

On the 23rd November, Sophie Needs competed at the 2nd race of the UK Athletics Cross Challenge at Sefton Park, Liverpool. In the U13 girls 3K race Sophie finished 123rd in 16:50.

On the 30th November the North District XC Championships were held at Gordonstoun School, Elgin. In the U13 girls 3K race Sophie Needs finished 21st in 19:44 and in the U15 girls 4K Emma Steel finished 13th in 21:27. In the U15 boys 4K race Leighton McLean finished 8th in 15:27, Jakob Whitham 23rd (18:38), Lewis Geddes 24th (18:41) and Noah West 26th (19:53).

In the Senior/Masters women's 8K race, Linda McGee was 36th (6th W50) in a time of 41:20 and Babs-Anne Needs 41st (8th W45) in 42:31. In the Senior/Masters men's 8K race Andy Steel finished 75th (5th M60) in 44:50.

The 3rd North District XC race was hosted by our club at Aden Park on the 7th December. Although we had terrible rainy and windy conditions that weekend caused by Storm Darragh at least the event went ahead and we didn't have to call it off like in two of the previous three years. In the U11 boys race Blake Bremner finished 7th (7:24), Isaac Bruce 9th (7:43), Noah Milne 10th (8:45) and Nathaniel Smart 11th (8:45). In the U13 girls race Hannah Bruce finished 9th (17:01) and Sophie Needs 11th (17:16). In the U15 girls race Charlotte Smart finished 7th in 30:15. In the U15 boys race another good run by Leighton McLean saw him finish in 3rd place (20:43), Lewis Geddes 8th (24:21) and Angus Robertson 9th (25:38). In the U17 Women's race Chloe Pirie finished 4th in 28:40. In the Senior/Masters Women's race Linda McGee was 13th (45:09 - 2nd FV50) with Arlene McRae 18th (48:44 - 5th FV50). In the Senior/Masters Men's race Ryan McRae was 19th (34:46 - 14th SM), Dave Fraser 20th (34:58 - 15th SM), James Turnbull 21st (35:14 - 16th SM), Steve McMorrow 25th (36:46 - 3rd MV40), Graham Steele 29th (38:39 - 5th MV40), Greg Bruce 38th (44:22 - 17th SM), Andy Steel 43rd (50:15 - 6th MV60) and Andy Thom 46th (54:50 - 10th MV50).

Apologies to anyone if any races that club members have participated in have been missed out. All efforts are made to track the available race results.

PAC 10K



Our 10K event was held on Sunday 3rd November and was another great success. This year the event was sponsored by Peterhead Motors and we're extremely grateful to them for their support.

Kris Urquhart of Fraserburgh Running Club was 1st across the finish line in a time of 32:18 and Elaine Murdoch of Cosmic Hillbashers was the 1st female finisher in 39:32. Well done to all our PAC athletes, especially to those that won prizes in their age category; Callum Urquhart (1st U20), Kirsteen Donald (2nd FV50), Bryan Mackay (2nd MV50), Ross Aird (3rd Senior Men), Jennifer Robertson (3rd FV40), Arlene McRae (3rd FV50) & John Robertson (3rd MV60).

Thanks again to all those who volunteered to marshal and help us out on the day, this is always greatly appreciated.

Here's a full list of the PAC finishers. Times stated are chip timings.

Male

1. Ross Aird - 35:55 (4th)
2. Callum Urquhart - 36:08 (5th)
3. Chris Forman - 39:03 (15th)
4. Steve McMorrow - 39:47 (20th)
5. Bryan Mackay - 39:50 (21st)
6. Graham Steele - 40:26 (29th)
7. Ryan McRae - 40:30 (32nd)
8. Lee Morrison - 41:54 (43rd)
9. John Robertson - 42:33 (46th)
10. Mark Urquhart - 45:31 (65th)
11. Richard Dodunski - 47:32 (79th)
12. Andrew Brown - 47:48 (83rd)
13. Greg Bruce - 51:14 (108th)
14. Michael Rose - 52:37 (121st)
15. Stuart Gladstone - 54:06 (131st)
16. Stephen Bruce - 55:41 (138th)
17. Ewan McGee - 56:04 (141st)
18. Andy Thom - 56:43 (144th)

Female

1. Jennifer Robertson - 44:08 (37th)
2. Rebecca Clueit - 49:45 (96th)
3. Kirsteen Donald - 51:06 (105th)
4. Arlene McRae - 51:13 (110th)
5. Heather Linklater - 51:06 (111th)
6. Maria Willox - 53:37 (127th)
7. Shauni Gibb - 56:03 (142nd)
8. Sarah Duff - 57:10 (151st)
9. Sophie Willox - 57:10 (152nd)
10. Caitlain Willox - 60:58 (172nd)
11. Teresa Hood - 63:50 (181st)
12. Tracey Weston 75:28 (191st (tail runner))

Please note that for race placings and course records these are always based on gun times. Chip timing is simply a means for giving a personal time as a reference only. This is the case for all races and not just limited to our PAC events.

Some exciting news for next year's 10K is that our event has been chosen by the North District Road Running Committee to stage the North District 10K Championships. This will be great boost to the club and a great race to look forward to and be involved in.

CLUB STANDARDS

Well done to all the senior athletes who qualified for a club standard this year and received their well-earned award and certificates at the prize-giving. This next year's qualifying period started from 1st October 2024 and will run until the 30th September 2025. Good Luck!

As a reminder or to any new members - there are 5 standards available, DIAMOND, GOLD, SILVER, BRONZE and COPPER. These in turn are set for 6 race distances – 3K, 5K, 10K, 10 Miles, Half Marathon & Marathon.

Awards - You will have to complete **THREE** out of the six distances at or below the times stated for your age category, you can of course complete up to all six distances, if you so wish, within the qualifying period. To obtain your standard, simply submit your three best runs out of however many distances you have completed. For full details visit – www.peterheadathleticsclub.co.uk/clubstandards



Well done to our two junior athletes who achieved a Thistle Award this year – Lewis Geddes (Bronze) & Ava Alexander (Purple). Indoor and Outdoor track & field results for the season were submitted to Scottish Athletics for calculating the relevant award. The award winners each received a certificate at the club prize-giving.

To be in with a chance of a Thistle Award, athletes must compete for PAC in a minimum combination of 1 running, 1 jumping and 1 throwing event. Good Luck to all our juniors for 2025!

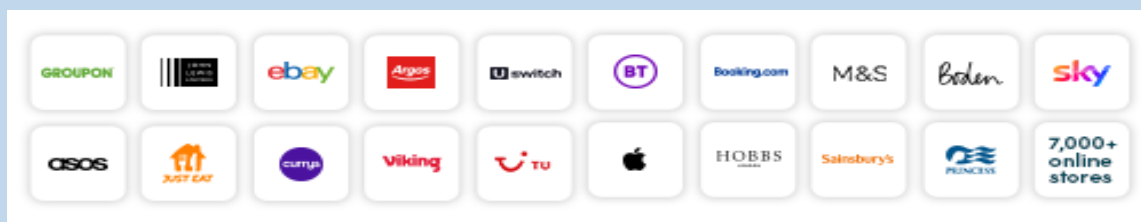


Since the club joined up to easyfundraising we have managed to raise a total of £385 from our club members doing their online shopping via easyfundraising. Thank you very much to those that have helped fund our cause. You can continue to help the club raise funds. It's very easy and completely FREE!

Over 8,000 brands will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself! All the big names like eBay, John Lewis & Partners, Argos, ASOS, Expedia, M&S, Just Eat, Uswitch and many more! This means you can raise FREE donations for us no matter what you're buying. All you need to do is sign up and remember to use easyfundraising whenever you shop online. These donations will help the club so much, so please download the app or visit the website to sign up to support us at <https://www.easyfundraising.org.uk/causes/peterhead-athletics-club/>

Also, if you're planning to go on holiday, you can raise FREE funds using easyfundraising for Peterhead Athletics Club when you book. Whether you're booking your holiday, or a short-getaway, if you book via easyfundraising on TUI, Booking.com, Expedia, First Choice, Hotels.com, Cottages.com, easyJet holidays, PurpleParking, plus 250+ other well-known travel brands, you'll raise free funds for us at no extra cost to you.

You can also raise money by booking your airport parking, transfers and even your foreign currency and travel insurance!



UPCOMING EVENTS

Here's a list of just some of the events due to take place over the next few months;

- 4th January – GAA New Years Bash (Indoor T&F – Emirates Arena, Glasgow)
- 5th January – Indoor OGM #2 (ASV)
- 10th January – Metro Proms 3K race #4
- 10th January – Jump Glasgow (Emirates Arena, Glasgow)
- 11th January – Inter District XC Championships (Alexandra Park, Glasgow)
- 18th January – National Indoor Open (Emirates Arena, Glasgow)
- 18th January – North District XC race #4 (Nairn)
- 25th January – National Seniors/U17 Indoor Championships (Emirates Arena, Glasgow)
- 1st February – North District XC race #5 (Forres)
- 2nd February – National Masters Indoor Championships (Emirates Arena, Glasgow)
- 5th & 6th February – Secondary Schools Indoor Championships (Emirates Arena, Glasgow)
- 7th February – Metro Proms 3K race #5
- 8th February – National XC Masters Championships (Camperdown Country Park, Dundee)
- 9th February – National 3000m Indoor Championships (Emirates Arena, Glasgow)
- 9th February – Indoor OGM #3 (ASV)
- 22nd February – National XC Championships (Callendar Park, Falkirk)
- 1st March – National U15/U20 Indoor Championships (Emirates Arena, Glasgow)
- 2nd March – National U13/U20 Indoor Championships (Emirates Arena, Glasgow)
- 7th March – Metro Proms 3K race #6
- 8th March – D33 Ultra (Duthie Park, Aberdeen)
- 9th March – Indoor OGM #4 (ASV)
- 9th March – Inverness Half Marathon & 5K
- 15th March – National Young Athletes Road Races (East Fortune, North Berwick)
- 22nd March – National Road Relay Championships (Livingston)
- 22nd March – Newburgh Beach Bash 10K

If anyone would like advice on how to enter or help and assistance with travel to/from events then please speak to one of our coaches. If you're targeting a specific race or distance then our coaches would also be happy to give advice on training too.

There are of course numerous other road running, trail or ultra events on the athletics calendar which you can check on the SA events website (<https://www.scottishathletics.org.uk/events/>) or on the likes of runABC Scotland (<https://runabc.co.uk>) & Entry Central.

Please note that entry to events open well in advance and there is normally a limited number of athlete places available. To avoid disappointment, please go to the official SA website events calendar to check entry dates for a particular event and sign-up ASAP.

If you compete for the club then please register yourselves on the Power of 10 website if you've not already done so. If you're new to the club or still haven't done so then click on the following link to get setup: [Power of 10 User Login \(thepowerof10.info\)](https://thepowerof10.info) It's free to register so will not cost you anything. The benefit of being registered to this athletics website is that all your results from the events you compete in are collated together and listed in one place. This makes for a great reference point when tracking an athlete's performance especially for the likes of the RAL team manager for choosing who might be best suited to certain events. If you are solely a road runner then your results will also appear and be tracked on runbritain (www.runbritainrankings.com) which is like a sister site to Power of 10.

ADDITIONAL NEWS

We recently held our annual AGM & Prize-giving at the Apex Church Hall on the 28th November to hand out many club awards to our successful athletes. Our top awards this year as voted on by the club committee went to – Arlene McRae (Best Female Athlete), Andy Thom (Best Male Athlete) & Linda McGee (Club Person of the Year). As well as the awards we also invited along para-athlete and wheelchair racer Joanna Robertson from Aberdeen AAC to be our guest speaker for the evening and to hand out all the lovely prizes. Well done to all our winners!

Stepping down from the club committee this year were Gary Collins, Richard Masson, Shaun Adam and Mark Beagrie. Mary Milne has also stepped down as our Club Secretary after 6 years but will remain on the committee. Thank you very much to you all for your help and support of the club!

MEMBER SPOTLIGHT

In this edition of members spotlight we have chosen to feature our 2024 Male Athlete of the Year winner Andy Thom.



I started running about 5 years ago with the Peterhead Jog Scotland group. I used to be a swimmer at school events and doing loads of biking before running but I was so unfit. I had done Fit Club and the shred but as soon as I started running, I knew it was for me.

Soon I was enjoying running and doing lots of different events. As time went on, I thought I'd go along to the athletics club training for one night a week to give it ago and from there onwards I really started enjoying Peterhead Athletics Club.

Everyone at the club were so supportive towards me and I was feeling fantastic and so much stronger about my running. It's because of the club that I feel stronger and comfortable and happy with my running now. Getting PB's, working hard at my training sessions and meeting so much lovely members of the club is so enjoyable for me. I love being part of the club and helping out as much as I can.

CONTACT INFORMATION

Should you require further information on any of the above or have items you would like us to include for any future club newsletters, please contact either our club Chair (Ewan McGee) or Secretary (Alison McGee) at the following e-mail addresses;

chair-phdathleticsclub@outlook.com

secretary-phdathleticsclub@outlook.com

If anyone has missed or would like to read any of the previous bulletins/newsletters, then please get in touch on the above-mentioned e-mail addresses and we can send copies to you. Alternatively, all previous ones can now be found on the club website.

Wishing you all a Merry Christmas and a Happy New Year!

Looking forward to seeing how you all get on in 2025 and we'll be back with more news for you around springtime.

Till then enjoy your running and stay safe & healthy!

Peterhead Athletics Club

Scottish Registered Charity No. SC05127

