



Peterhead Athletics Club Member's Bulletin March 2021

www.peterheadathleticsclub.co.uk



WELCOME TO EXISTING AND NEW MEMBERS OF PAC

I hope you enjoy reading this bulletin. It's a new way to let you see how much work is still going on behind the scenes of your club. Even though there have been no club sessions since before Christmas the committee have still been meeting via Zoom and looking at ways to develop the club. We've introduced some exciting new events, implemented Club Standards, and looking ahead at possible future Club excursions.

Coaches have also been meeting and discussing how to resume sessions effectively and safely. As it stands, our aim is for all junior sessions to resume after the Easter break. Parents will be emailed individually in due course with full information regarding Covid regulations and procedures when attending sessions.

BREWTOON 10 MILE VIRTUAL RUN

We have had to cancel our Annual Longside Loop 10mile road race again, but we have taken the decision to hold this virtually over the same proposed weekend in May, Friday 14th – Monday 17th.

This is a SA registered event, entry fee £8 SA registered £10 non SA.

Brewtoon Brewery have very generously sponsored this event once again. There will be a medal, bottle opener and Brewtoon voucher to all on completion of the 10miles. Registration information will be shared in due course.



JUNIOR MILE / SENIORS 3K SERIES

Introducing the PAC Junior Mile / Seniors 3K series, this is to be held at the Lido along the paths from the caravan site, scheduled to take place monthly from April to October. There will be 7 events in total with the final event of the series ran as a handicap.

PAC members of all ages and abilities are welcome and encouraged to attend these events. We are trying to create a unique monthly PAC challenge event that we hope you can all support as much as possible.

The proposed dates for the 2021 series are as follows:

Saturday 3rd April *VIRTUAL
Saturday 1st May
Saturday 5th June
Saturday 3rd July
Saturday 7th August
Saturday 4th September
Saturday 2nd October (handicap run)

*Due to Covid restrictions the first RUN will be a Virtual event, full details can be found on the club website www.peterheadathleticsclub.co.uk also keep an eye out for updates on the PAC Members Facebook page.

CLUB STANDARDS

Club standards are a set of goal times that are set out to challenge our senior athletes, no matter what their age. There are 5 standards available, DIAMOND, GOLD, SILVER, BRONZE and COPPER. These in turn are set for 6 race distances – 3K, 5K, 10K, 10 Miles, Half Marathon & Marathon.

Awards - You will have to complete **THREE** out of the six distances at or below the times stated for your age category, you can of course complete up to all six distances, if you so wish, within the qualifying period. To obtain your standard, simply submit your three best runs out of however many distances you have completed. For full details www.peterheadathleticsclub.co.uk/clubstandards

For our Junior athletes we have registered with Scottish Athletics for their Thistle Award Scheme. Athletes competition performances will be submitted to SA and they will calculate the relevant Thistle Award.

PROSPECTIVE VISIT TO COMMONWEALTH GAMES 2022

During the 1986, the club organised a very successful and enjoyable visit to the Commonwealth Games in Edinburgh. At that time at least two of the club members, including our present vice-chairman John Diffey, became accredited officials for the walks and marathon events.

The next Games will take place in Birmingham between 28th July and 8th August 2022, and the committee would like to know the level of interest from club members in attending the games over that period.

The prospect is for us to book accommodation for members to stay together as a group, and possibly to hire a bus to transport us to and from Peterhead. Then we would book tickets not just for athletics in the stadium but also for other events which members may like to watch, such as cycling. Of course the walks and marathons are free to watch in the streets.

Sandra Mundie, who organised the 1986 trip, tells us that the event was subsidised by fund raising and we would hope to do the same this time. In this respect, conversion of the club to charitable status would probably be quite helpful.

The trip would be open to all ages, although we would expect juniors to be accompanied by at least one family adult.

If you think you would like to take part in this, please contact our Club Secretary Mary as soon as possible so that the committee can start making plans.

You can find out more about the games :- www.birmingham2022.com

MEMBER SPOTLIGHT



He's just celebrated a very special birthday and we couldn't let it pass without saying a huge congratulations on reaching 70 years young, Sandy Hastie.

Sandy has been a member of PAAC, PRC and now PAC since the 80s and he's still running, if he's not running, you'll see him whizz past on his bike or out walking.....fast, he just does not stop. He's been a great inspiration and role model to many of us over the years who have had the pleasure to train and run alongside him.

Sandy is also a very respected coach for the Club. The juniors who have attended his sessions, would agree that even though he doesn't go lightly on the training they appreciate his commitment to their development.

Sandy along with his wife Carol have organised over 30 beach runs, from Peterhead to Fraserburgh and in the process have raised a large amount for charity.

Happy Birthday Sandy from all at PAC!

Reminder that if membership is not renewed before sessions resume your name may be removed from the booking App. Membership details can be found at <https://www.entrycentral.com/memberships>

Should you require further information on any of the above or have items for any future Club bulletins please contact myself, Linda chair@peterheadathleticsclub.co.uk

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